

ALLERGEN AWARE
MENU WEEK 1

SERVED W/C

9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Innovate IFG

Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges	Mixed bean bolognaise with pasta (may contain soya)	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable sausages, chips & tomato ketchup
Roasted vegetable pizza & oven baked wedges	Halal mild chilli beef & bean pasta bake (may contain soya)	Halal roast chicken breast with roast potatoes & gravy	Halal chicken fajita with Mexican rice	Halal fish & chips with tomato ketchup
Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Chocolate shortbread	Fruit crumble	Orange jelly & mandarins	Sliced fruit selection	Raspberry jelly

Available Every Day - Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly



KEY

Vegan Nutritionist's Choice

50-50 White & Wholegrain Rice

ALLERGEN AWARE
MENU WEEK 2

SERVED W/C

16th Nov | 7th Dec | 28th Dec | 18th Jan | 8th Feb
1st Mar | 22nd Mar

Innovate IFG

Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges	Baked creamy mac 'n' cheese (may contain soya)	Vegetable sausages & mashed potatoes with gravy	Mixed bean & vegetable fajita with Mexican rice	Vegetable sausages, chips & tomato ketchup
Halal sweet chilli salmon melt & oven baked wedges	Halal BBQ chicken loaded mac 'n' cheese (may contain soya)	Halal roast chicken with mashed potatoes and gravy	Halal mild beef chilli topped jacket potato with nacho crunch	Halal fish & chips with tomato ketchup
Peas	Rainbow vegetables	Broccoli & roasted carrots	Crudites and salad bar selection	Baked beans
Watermelon wedge	Apple Pie	Chocolate & orange brownie	Watermelon wedge	Fruity flapjack

Available Every Day - Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly



KEY

Vegan Nutritionist's Choice
50-50 White & Wholegrain Rice

ALLERGEN AWARE
MENU WEEK 3

SERVED W/C

2nd Nov | 23rd Nov | 14th Dec | 4th Jan | 25th Jan
15th Feb | 8th Mar | 29th Mar

Innovate IFG

Main Meal

OPTION 1

OPTION 2

Veggies

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Mixed bean bolognaise with pasta (may contain soya) 	Vegetable sausages & mashed potatoes with gravy 	Vegetable sausages with roast potatoes & gravy 	Cauliflower & chickpea korma with mixed rice   	Margherita pizza, chips & tomato ketchup 
Rainbow vegetable stir fried rice 	Vegetable sausages & mashed potatoes with gravy 	Halal roast chicken breast with roast potatoes & gravy	Halal chicken & chickpea korma with mixed rice  	Halal fish & chips with tomato ketchup
Green beans & sweetcorn 	Peas & carrots 	Broccoli & roasted carrots 	Tomato, cucumber & carrot salad 	Baked beans 
Lemon shortbread 	Orchard crumble 	Watermelon wedge 	Chocolate & orange brownie 	Sliced fruit selection 

Available Every Day - Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly



KEY

Vegan  Nutritionist's Choice 

50-50 White & Wholegrain Rice 